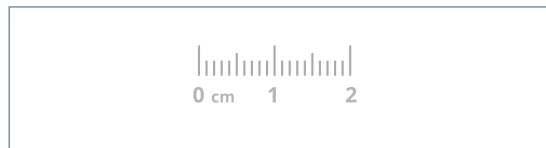# GUIDE TO MEASUREMENTS

To obtain the best results, it is necessary to print and measure the sample below:
it should measure exactly 2 cm.

Before printing, disable the "Adapt to format" option in the dialog box.
The wrist meter must be printed on a full-page A4 format paper. If you wish the bracelet to have a loose fit, add 1.5 cm. You can add or subtract centimeters depending on how you prefer to wear the bracelet: loose, comfort or snug fit.

0 cm   1   2

INSTRUCTIONS

Cut the meter. Make sure the numbers are facing outward. Insert the pointed end through the opening (cut along the dotted lines over the "cut here" indication). Place it around the wrist and pull the pointed end until it fits nicely. Read off the measurement as it appears trough the slit.

You can also use a measuring tape.
Note that the Studiozero-vetro wrist meter is only indicative, therefore it might not give the exact measurement.

CUT HERE

12 13 14 15 16 17 18 19 20 21 22 23 cm